



ROCHESTER SPECIAL HOCKEY

PARENTS CODE OF CONDUCT:

- Applaud good plays; don't dwell on bad plays
- Children imitate their parents. Chances are if you act like a jerk, your children probably will too.
- The stands are not a place to shout personal instructions.
- There is more to life than hockey. Encourage your child to participate in other activities.
- Respect the coaches' decisions and abilities. Don't force your child to have to decide whether to listen to you or the coach.
- Stress fair and sensible play. Nobody needs to get hurt because someone is not playing by the rules.
- Stress the long-term importance of practice over the short-term excitement of the game.
- Keep things in perspective. This time in their lives is very important but enjoying every opportunity will make their lives full.
- Stress the importance of the team.
- Never lose sight of the fact that you are the role model.
- Understand that winning probably means more to you than it does to your child and is not the most important thing. Do not focus on the score.
- Don't yell if your child makes a mistake. Point out what they do well. Positive reinforcement goes a long way.
- Remember that coaches and league administrators are volunteers. A thank you every once in a while is often rewarding enough.

I have read and agree to abide by the Zero Tolerance rules and the Parents Code of Conduct endorsed RSH. I fully understand that the consequences of violating these guidelines may include removal from the game and future disciplinary action as determined by the Rochester Special Hockey Association Board.