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ROCHESTER SPECIAL HOCKEY

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## Rules and Conduct – Rochester Special Hockey

**The following are rules and conduct for the upcoming season for players and families.**

### Players:

1. I will be respectful of my teammates, parents and siblings, coaches, players for other teams and organizations and people that I meet. I will be a true ambassador of Rochester Special Hockey
2. I will do my school work as required and understand that if I do not, I may not be able to participate in the program. I perform all the requirements of my job properly.
3. I will not pick on others for any reason, I will not bully for any reason
4. My behavior in the locker room will be at its best – I will not use abusive language or bother others in the locker room or on the ice.
5. I will listen to what the coaches instruct for practice and work on doing my best.
6. I will not lash out at any referees, players, coaches or fans – no matter what the issue. Your coaches will handle this.
7. There will no fighting tolerated or allowed
8. There will be no hitting, poking or making fun of others on the bench.
9. **I understand that if I do not attend or participate in practice the week before a game, I will not play in that game. You must notify the coach before this happens.**

### Parents:

1. Due to insurance issues and control during practice and game times – Parents are **not allowed** on the bench. This relates to safety for all involved in the program.
2. All parents who assist on the ice must wear a helmet.
3. Report all incidence and concerns to one of the coaches for review as soon as possible.
4. Have players to practice at least 20 minutes prior to start –